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FAR Acronyms

Acronym	Meaning	Used For
AB	Airway and Breathing	Core check in casualty assessment
ABBA	Allergic to Aspirin, Bleeding disorder, Bleeding ulcers, Age under 16 years	Aspirin Administration
ABC	Airway, Breathing, Circulation	Basic life support sequence
ACBC	Assess, Call, Back-up, Care	Steps in emergency response planning
ACR	Ambulatory Care Report / Patient Report Form	Documentation used by responders
AED	Automated External Defibrillator	Used to restore normal heart rhythm in cardiac arrest
AMPLE	Allergies, Medications, Past history, Last meal, Events	Expanded version of SAMPLE
ASC	Altered State of Consciousness	Medical condition needing assessment
AVPU	Alert, Voice, Pain, Unresponsive	Assessing level of consciousness
BSA	Body Surface Area	Used for burn assessment
CCRAB	Catastrophic Bleeding, C-Spin, Response, Airway, Breathing	To identify any life-threatening injuries
CFR	Cardiac First Response	Specific training level focused on cardiac emergencies
CISM	Critical Incident Stress Management	Mental health support after traumatic events
CLIPS	Contused, Lacerated, Incision, Penetrations, Special	Types of wounds

CPG	Clinical Practice Guidelines	Guidelines used by PHECC-trained practitioners
CPR	Cardiopulmonary Resuscitation	Chest compressions and rescue breaths
DOTS	Deformities, Open wounds, Tenderness, Swelling	Physical injury check
DRABC	Danger, Response, Airway, Breathing, Circulation	Primary assessment of a casualty
EMS	Emergency Medical Services	Ambulance or paramedic response services
FAR	First Aid Responder	
FAST	Face, Arms, Speech, Time	Stroke recognition tool
FBAOCME	Foreign body airway obstruction – conscious, mild, effective	Aid in airway blockage assessment
FHFFP	Face, Hands, Feet, Flexion, Pulse	Trauma or cold injury assessment
PEEPS	Personal Emergency Evacuation Plans	Plans for individuals with mobility/support needs
PHECC	Pre-Hospital Emergency Care Council	Regulatory body for FAR training in Ireland
PMA	Positive Mental Attitude	Encouraged mindset during training/rescue
PPE	Personal Protective Equipment	Used to protect rescuer (e.g. gloves, mask)
PTS	Post-Traumatic Stress	Mental health concern after high-stress events
RICE	Rest, Ice, Compression, Elevation	Treatment for soft tissue injuries
SAMPLE	Signs/Symptoms, Allergies, Medications, Past history, Last intake, Events	Gathering patient history
SPLINTS	Support, Padding, Length, Immobilise, No movement, Tie, Support again	Fracture immobilisation
STRESS	Support, Talk, Rest, Eat, Sleep, Self-care	Mental health recovery model